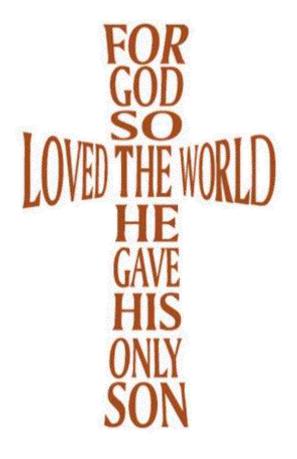


# Orangevale Seventh-day Adventist Church



## 29 MARC# 2025

| Church Calendar<br>This Week March $29^{th}$ - April $5^{th}$ |            |  |  |  |
|---|------------|--|--|--|
| TODAY   | 7:25 PM    | Sabbath ends   |  |  |
| CHECK THE HALLWAY BULLETIN BOARDS MORE EVENTS                 |            |  |  |  |
| Monday  | 9 - NOON   | Community Services is open for<br>Food or Clothing donations |  |  |
| TUESDAY   | ВАСК ТО    | School - Spring Break Over                                   |  |  |
|   | 9 - NOON   | Community Services drive thru<br>Food & Clothes closets      |  |  |
| WEDNESDAY   | 6:30 рм    | Women's Book Club  |  |  |
|   | 7:00 PM    | Prayer Meeting, Sanctuary                                    |  |  |
|   | END OF DAY | All Bulletin Content Due                                     |  |  |
| Friday  | 7:31 PM    | 👑 Happy Sabbath Jesus  |  |  |
| Sabbath   | 9:30 AM    | Adult Sabbath School   |  |  |
|   | 9:45 AM    | Young Parents & Children's SS                                |  |  |
|   | 11:00 AM   | Worship Service, Pastor Tracy Baerg                          |  |  |

## April Upcoming Events

| 6           | Men's Coffee & Chat—served at work bee                                 |
|-------------|--|
| 6           | Church WORK BEE , 7–10 AM  |
| 12          | Last day for Directory Photo's / Directory<br>Photos in BLC / Fireside |
| 15, 22 & 29 | CLOSED—Community Services  |
| 24          | OVS, Jr. High Drama at 6:30 РМ   |
| 27          | OVS, Jr High Drama at 3:00 рм  |

welcome

We are so glad you have chosen to worship with us today. We hope you will be encouraged and inspired, and will return in the coming weeks. We invite you to become a part of our church family.

Join us next Sabbath to Welcome our new Pastor. We are excited that Pastor Tracy & Kaori Baerg will be joining us here at Orangevale. We have a special worship service planned, along with a Welcome Luncheon provided by the church. Stay and enjoy some warm food & fellowship.

**360° Sports League presents: Spring Soccer.** starting up on April 13th for ages 4½ - 9. Registration is OPEN now. Suggested donation of \$35 can be made online. See flyer.

Orangevale School Jr. High drama will be presenting Cocoa Express Musical II. Tickets are on sale through the school office. Showtimes are: Thursday, April 24th at 6:30 pm and Sunday, April 27th at 3:00 pm.



#### Church Directory, Step 1

Pictures will resume on April 12th—sign up Everyone who is part of Orangevale Family is encouraged to have a picture taken.

**Church Directory, Step 2** Please use the QR code link to update your contact information. This information will only be used by the church. Stay tuned for step 3





Do you enjoy some fresh homemade Sourdough bread? Misty is selling her bread to support the Maranatha July Trip. Contact Misty for more info 916-601-5825

**Need some extra hands?** Our youth are looking for helpful projects to earn \$\$ towards their mission trip. Text 916-320-1560 with your avail date & type of project.

**Health Fair** coming to our area on May 3rd Looking for Volunteers of all talents: Visit their info page: https://lifeandhealth.org/free-clinics (look for the clinic at SAA on May 3rd)



CHECK THE BULLETIN BOARD IN THE HALLWAY FOR MORE EVENTS :)

#### **OUR CHURCH FAMILY IN STUDY**

9:30 AM - 10:30 AM

#### SABBATH SCHOOL CLASSES

Adults (Quarterly Study)School room #11Young Parents Sabbath SchoolBLC, FiresideBooks of the Bible (Bible Study)School LobbyYoung AdultsSchool room #10

#### Children's Classes are held in our <u>B</u>etter <u>L</u>iving <u>C</u>enter

| Youth (High School)                              | BLC |
|--|-----|
| Juniors (5 <sup>th</sup> -8 <sup>th</sup> Grade) | BLC |
| Primary (2 <sup>nd</sup> -4 <sup>th</sup> Grade) | BLC |
| Kindergarten (4 years-1 <sup>st</sup> Grade)     | BLC |
| Cradle Roll (0-3 years)                          | BLC |

**PRAYER MINISTRY** send your email to: **Prayer2Praise@ovsda.org** anytime.

#### Orangevale Adventist Church Office: 916-967-2838

Email: office@ovsda.org Website: www.ovsda.org

#### Text Messages send from: (916) 560-1915

COMMUNICATION & NEWS from church office. If you wish to stay

in touch with things going on, add (916) 560-1915 to your contacts and text **OVSDAINFO** to this number. To add your email as well, reach out to church office.



• If you need to report any campus maintenance issues, please reach out to the church office.

Orangevale Adventist School (OVS) & Preschool Office: 916-988-4310 / Email: <u>office@ovschool.org</u> Website: <u>www.ovschool.org</u>

## OUR CHURCH IN WORSHIP

#### **Musical Meditation**

Praise Team & You! Music for Inspiration Welcome Niki Eby **Invitation to Giving** Kelli Sterling **Eby Family** Scripture Reading JOHN 7:32, 45, 46 **Misty Burroway Children's Story** Praise Team & You! Music for Inspiration Prayer

Let us kneel before our God

Reflections

Paul Kramer

#### **ORDINANCE OF HUMILITY**

Foot washing will be held in the BLC & GYM

#### THE LORD'S SUPPER

Closing Hymn

Praise Team & You!

#### **Musical Meditation**

Family Need Fund (Benevolent) Offering Collection

#### MINISTERING TO YOU TODAY

**GREETERS:** Dan & Christina Nadler DEACONS: Mark Smith, Justin Freed & John Glass

PRAISE TEAM LEADERS: Ciprian Barbuta and Team PRELUDE, POSTLUDE: Kristi Bradlev-Robbins

ELDER: Paul Kramer / AUDIO VISUAL: Ed Maynez STREAMING: Daniel Nadler / KeAb Ayana Daniel

Chae Kramer

**Education about your Donations** 



AdventistGiving



ORANGEVALE MISSION BUDGET PAYS FOR.

-School Subsidies (three schools)

-Utilities/Insurance/Taxes

Sabbath School Ministries -Fellowship Luncheons, etc.

-Office Staff, Supplies, Building/Property Maintenance

-Music and Live Streaming Ministries (AV/Sound System)

#### Monthly Need: \$24,074

CHECK THE HALLWAY BULLETIN BOARD FOR UPDATED FINANCIAL STATEMENTS

### **Campus Renovation Fund**

This Fund is where you can donate for renovations and improvements to our Sanctuary and facilities on the Orangevale Campus.





| Sold of the sents: Church Presents: Chur | hurch Presents:   |
|--|---|
| starts:Games will be on Sunday'sStarts:9:00 am Ages 4 ½ - 6April 13th10:00 am Ages 7 - 9   | CONTACT: COACH CHUCK<br>PHONE (916) 705-0759<br>Coachehuek360@8mail.com |
| Let's Kick le Apound<br>all games & practice wil be on the sports Field<br>all player must have shin guards  |   |

Support our Orangevale Youth going on this Mission Trip this Summer!





#### Ultimate Workout 35

#### Overview

Maranatha's annual teen-only project, the Ultimate Workout, is entering its 35th year, and we're headed to Paraguay and Brazill Each year, high school-aged teens from around the world join the Ultimate Workout and find opportunities to get out of their comfort zone, serve others, connect with Christ, and grow physically, socially, and spiritually. Maranatha provides all project leadership. In fact, adults are not allowed to participate in the project unless they are pre-selected by Maranatha as staff or leaders.

This year, we expect up to 120 volunteers to make a difference in the Triple Frontier, a tri-border area along the junction of Argentina, Brazil, and Paraguay, where the Iguazù and Paranà rivers converge. Teen volunteers will help construct two new churches Campo 9 and Km 40). Depending on the size of the group, we will paint an existing church and reach out to the community through children's ministry programs and medical clinics. For the excursion, volunteers will cross the border back to the State of Paranà in Brazil to visit the Iguazù Falls, the largest waterfall system in the world.

July 24, 2025 - August 4, 2025











| rch Directory Updates | <ul> <li>Please scan the OR code and UR code and UP and the your for the church for the church for the church directory.</li> </ul> |
|-----------------------|---|
| Church D              |   |



#### FREE SEMINAR SERIES

FINDING OPTIMAL **HEALTH**, ENERGY & VITALITY

> RUBEN J GUZMAN, MPH, LMP

MARCH 12 - JULY 23 2025 6:30 PM - 8:00 PM

> 4600 WINDING WAY SACRAMENTO, CA 95841

HOSTED BY CARMICHAEL SEVENTH-DAY ADVENTIST CHURCH WWW.CARMSDA.ORG A 10-session Health Seminar covering key topics for physical and mental well-being, including sleep, nutrition, stress management, heart health, and longevity. Each session will provide practical, science-backed strategies to help attendees make healthier lifestyle choices.

#### Topics

| March 12 | Sleep for Your Health       |  |
|----------|-----------------------------|--|
| March 26 | Cooking Healthy Food:       |  |
|          | Easy, Fast, Inexpensive     |  |
| April 9  | Healthy Heart, Longer Life  |  |
| April 23 | Get Your Gut Healthy        |  |
| May 7    | Lose Weight, Feel Great     |  |
| May 21   | Stress Management 101       |  |
| June 4   | Preventing Alzheimer's      |  |
| June 18  | Increasing Life Expectancy  |  |
| July 2   | The Pursuit of Hoppiness    |  |
| July 16  | Optimal Athletic Performanc |  |
|          | at Any Age                  |  |

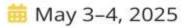
#### Ruben J Guzman, MPH, LMP

- Masters in Public Health UCLA Board Certified Lifestyle Medicine Professional ACLM
- Author: Evolving Health, and upcoming Evolving Leadership and How to Fully Live
- Speaker, Executive & Business
   Performance Coaching, Healthy
   Lifestyle Coaching



#### Sacramento Adventist Academy

#### 5601 Winding Way, Carmichael, CA 95608



#### VOLUNTEER POSITIONS

dentists, hygienists, dental assistants, optometrists, physicians, registered nurses, physician assistants, nurse practitioners, mental health counselors, massage therapists, nonmedical





We are serving more people than ever before and WE ARE



IN NEED WEEKLY of the following items.



Short Brown Bags - 14" size Regular size is 17"

**Most Needed Canned goods** 

| Corn          | Green Beans |
|---------------|-------------|
| Mac n' Cheese | Pinto Beans |
| Tomato Sauce  | Black Beans |

Food for thought: If every family could bring a canned item or two each week & leave in the foyer bin = it would be a G R E A T H E L P !

We are currently having to purchase goods weekly at a cost of \$300 or more. Any help either with monetary donations or goods is much appreciated.

> Many Thanks from, Your Food Closet Team