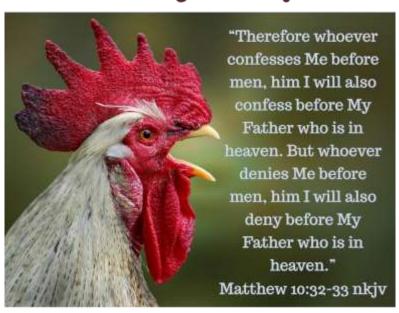
### Orangevale

#### SEVENTH-DAY ADVENTIST CHURCH

#### "The Morning Wake Up Crow!"



#### 19 April 2025

#### Church Calendar

#### This Week April 19th - April 26th

TODAY

7:45 PM

Sabbath ends



#### **CHECK THE HALLWAY BULLETIN BOARDS MORE EVENTS**



SUBMIT YOUR PRAYER REQUEST DURING THE WEEK TO:

EMAIL: PRAYER2PRAISE@OVSDA.ORG

SUNDAY	NO <b>360</b>	Soccer
	happy	
Monday	CLOSED	Community Services
TUESDAY	CLOSED	Community Services
WEDNESDAY	7:00 PM	Prayer Meeting, Mother's Room
THURSDAY	6:30 рм	Cancelled - Women's Book Club
	6:30 рм	OVS Jr. High Drama "Cocoa Express Musical II"
FRIDAY	7:51 PM	
SABBATH	9:30 AM	Adult Sabbath School
	9:45 AM	Young Parents & Children's SS
	11:00 AM	Worship Service / Children's Church



#### **Upcoming Events**

27 (2nd performance)	OVS, Jr High Drama at 3:00 PM
29	CLOSED—Community Services

#### velcome &

We are so glad you have chosen to worship with us today. We hope you will be encouraged and inspired, and will return in the coming weeks. We invite you to become a part of our church family.

2nd Reading for OUTgoing Membership

**Greg Borrowdale** To: Carmichael SDA Church **Justin Borrowdale** To: Carmichael SDA Church

Orangevale School Jr. High drama will be presenting



Tickets can be purchased from the school office, a cast student, or at the door. Come out this Thursday and support our fabulous students.

A Big **THANK YOU** to those who got their directory pictures taken. Help us on Step #2 this will verify your current contact information for our records. Click or Scan the QR

Step 3 coming soon as we move forward with our Directory process.

Need some extra hands? Our youth are looking for helpful projects to earn \$money\$ towards their mission trip. Text 916-320-1560 with your available date & type of project.

Do you enjoy some fresh homemade Sourdough bread? Misty is selling her bread to support the Maranatha July Trip. Contact Misty for more info 916-601-5825





#### Orangevale Adventist Church Office: (916) 967-2838

Email: office@ovsda.org Website: www.ovsda.org

Email Pastor at: tracv.baerg@nccsda.com

Text Messages send from: (916) 560-1915

WANT TO STAY IN TOUCH WITH CAMPUS NEWS? SCAN THE QR OR CLICK IF VIEWING ONLINE.



#### SABBATH SCHOOL CLASSES 9:30 AM - 10:30 AM

Adults (Quarterly Study)

Young Parents Sabbath School

Books of the Bible (Bible Study)

Young Adults

School room #11

School room #10

#### Children's Classes are held in our <u>Better Living Center</u>

Youth (High School)

Juniors (5<sup>th</sup>-8<sup>th</sup> Grade)

Primary (2<sup>nd</sup>-4<sup>th</sup> Grade)

Kindergarten (4 years-1<sup>st</sup> Grade)

Cradle Roll (0-3 years)

BLC

SR. High Drama Tickets for cocoa express Musical II are available from the school office or at the door.



Orangevale Adventist School (OVS) & Kingdom Kids Preschool

Office: (916) 988-4310 / Email: office@ovschool.org

Website: www.ovschool.org

 If you need to report any campus maintenance issues, please reach out to the church office.

#### COME WORSHIP WITH US

Service starts at 11:00 AM

#### **Musical Meditation**

Music for Inspiration Praise Team & You!

Welcome Jessie Innocent

Invitation to Giving Christina Nadler

Scripture Reading Joy & Jael

MATTHEW 10:32-33 NKJV

Children's Story Chae Kramer

Music for Inspiration Praise Team & You!

Prayer Joshua Olaore

Let us kneel before our God

Special Music Paul Kramer

Message Pastor Tracy Baerg

"THE MORNING WAKE UP CROW!"

#### **Musical Meditation**

MINISTERING TO YOU TODAY				
Deacons: John Eby and Dean Funada				
Praise Team Lead: Jodi Dilger				
Prelude / Postlude: Lorissa Cawood				
att Dilger, Misa Olvera and vana Daniel				

#### **Education about your Donations**





Scan for Link to Adventist Giving Online, or <u>click here</u>



Questions?
<a href="mailto:jewett.d@gmail.com">jewett.d@gmail.com</a>

#### ORANGEVALE MISSION BUDGET PAYS FOR-

-School Subsidies (three schools)

-Utilities/Insurance/Taxes

Sabbath School Ministries

-Fellowship Luncheons, etc.

-Office Staff, Supplies, Building/Property Maintenance

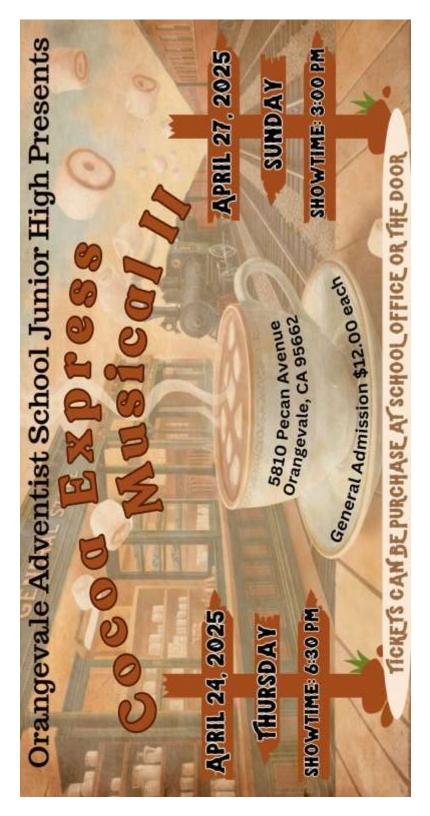
-Music and Live Streaming Ministries (AV/Sound System)

#### Monthly Need: \$24,074

CHECK THE HALLWAY BULLETIN BOARD FOR UPDATED FINANCIAL STATEMENTS

#### **Campus Renovation Fund**

This Fund is where you can donate for renovations and improvements to our Sanctuary and facilities on the Orangevale Campus.



CONTACT: COACH CHUCK Orangevale Adventist Church Presents: PHONE (916) 705-0759 COSCHCHUCK360@SM31L.COM EMail: Games will be on Sunday's 9:00 am Ages 4 1/2 - 6 10:00 am Ages 7 - 9 April 13th starts:

It Aroun

games & practice Will be on the Sports Field ALL PLAYERS MUST









#### **Ultimate Workout 35**

#### Overview

Maranatha's annual teen-only project, the Ultimate Workout, is entering its 35th year, and we're headed to Paraguay and Braziil Each year, high school-aged teens from around the world join the Ultimate Workout and find opportunities to get out of their comfort zone, serve others, connect with Christ, and grow physically, socially, and spiritually. Maranatha provides all project leadership. In fact, adults are not allowed to participate in the project unless they are pre-selected by Maranatha as staff or leaders.

This year, we expect up to 120 volunteers to make a difference in the Triple Frontier, a tri-border area along the junction of Argentina, Brazil, and Paraguay, where the Iguazù and Parana rivers converge. Teen volunteers will help construct two new churches Campo 9 and Km 40). Depending on the size of the group, we will paint an existing church and reach out to the community through children's ministry programs and medical clinics. For the excursion, volunteers will cross the border back to the State of Parana in Brazil to visit the Iguazú Falls, the largest waterfall system in the world.

July 24, 2025 - August 4, 2025





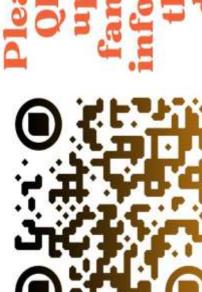






# Church Directory Updates

Step #2 - Let's stay connected



OR code and update your family contact information for the church directory.

Orangevale SDA Food and Clothes Closet



15th

22nd

29th

Please Plan accordingly
\*Local area options on back

FREE SEMINAR SERIES

# FINDING OPTIMAL HEALTH, ENERGY & VITALITY

RUBEN J GUZMAN, MPH, LMP

MARCH 12 - JULY 23 2025 6:30 PM - 8:00 PM

> 4600 WINDING WAY SACRAMENTO CA 95841

HOSTED BY CARMICHAEL SEVENTH-DAY ADVENTIST CHURCH WWW.CARMSDAORG A 10-session Health Seminar covering key topics for physical and mental well-being, including sleep, nutrition, stress management, heart health, and longevity. Each session will provide practical, science-backed strategies to help attendees make healthier lifestyle choices.

#### Topics

March 12	Sleep for Your Health
March 26	Cooking Healthy Food:
	Easy, Fast, Inexpensive
April 9	Healthy Heart, Longer Life
April 23	Get Your Gut Healthy
May 7	Lose Weight, Feel Great
May 21	Stress Management 101
June 4	Preventing Alzheimer's
June 18	Increasing Life Expectancy
July 2	The Pursuit of Happiness
July 16	Optimal Athletic Performance
	at Any Age

#### Ruben J Guzman, MPH, LMP

- Masters in Public Health UCLA, Board Certified Lifestyle Medicine Professional ACLM
- Author Evolving Health, and upcoming Evolving Leadership and How to Fully Live
- Speaker, Executive & Business
   Performance Coaching Healthy
   Lifestyle Coaching

#### Sacramento Adventist

#### ACADEMY

### Want Corndogs?

Who: Class of 2025

What: Fundraiser; Corndog Pre-orders

When: Pre-Orders due by Tuesday, April 22

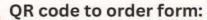
PickUp: Saturday, April 26 (after basketball game)

Sunday, April 27 (during pickleball tournament)

(in Student Center)

Cost: Pre-orders, \$35 for a Dozen;

\$5 / Extra Sauce





SCAN ME



## GOLF TOURNAMENT 23RD ANNUAL

# MAV 09. 2025

Lincoln Hills Golf Club





#### Sacramento Adventist Academy

5601 Winding Way, Carmichael, CA 95608

#### **VOLUNTEER POSITIONS**

dentists, hygienists, dental assistants, optometrists, physicians, registered nurses, physician assistants, nurse practitioners, mental health counselors, massage therapists, nonmedical



### **Food Closet News**

We are serving more people / than ever before and WE ARE IN NEED WEEKLY of the following items.



Short Brown Bags - 14" size
Regular size is 17"

#### Most Needed Canned goods

Corn

Green Beans

Mac n' Cheese

Pinto Beans

Tomato Sauce

Black Beans

Food for thought: If every family could bring a canned item or two each week & leave in the fover bin = it would be a

We are currently having to purchase goods weekly at a cost of \$300 or more. Any help either with monetary donations or goods is much appreciated.

> Many Thanks from, Your Food Closet Team